WhatsApp Messages

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Image: Stop Smoking Campaign - WhatsApp Image 1

🚭 Quit smoking with FREE support from Living Well and you are 3x more likely to succeed!

✔ feel healthier

✔ breathe easier

✔ boost your energy

✔ save money

Start now 👉 https://mylivingwell.co.uk/smoking/  
📞 01274 437700

You CAN quit! We CAN help!

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Image: Stop Smoking Campaign - WhatsApp Image 2



👋 Come & meet the Living Well Team!

🛍️ Airedale Shopping Centre #Keighley

🗓️ Weds 25 Feb ⏲️ 11.30-4pm

🛍️ Broadway Shopping Centre #Bradford

🗓️ Fri 27 Feb ⏲️ 11.30-4pm

Find out about all the FREE Living Well services that can help you improve your health.

Look out for the pink & blue gazebo!

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Image: Stop Smoking Campaign - WhatsApp Image 3

🚭 National No Smoking Day is coming up on 11 March, the perfect time to quit for good!

Quit smoking for FREE with support from Living Well.  
With expert advice, nicotine replacement options and ongoing encouragement, you’re three times more likely to quit successfully than going it alone 💪

Start your quit journey today:  
👉 https://mylivingwell.co.uk/smoking/  
📞 01274 437700

You CAN quit! We CAN help!